



# Diane Archer

Lymphatic Drainage Therapist and Holistic Facialist

London, UK

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## Links

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## About

I've gained valuable experience in the luxury hotel sector and spa industry for 11 years.

I excel in:

- delivering spa treatments of a high standard
- treatments and products recommendations
- customer service & wellbeing

I offer a range of high quality face and body treatments on a mobile/freelance basis such as Brazilian Lymphatic Drainage Massage .

-My targeted industries/areas to work with are:

- Private clients/UHNWI
- Events (Press treatments, brand ambassador, corporate, sports etc...)
- Hotels, retreats
- Post cosmetic surgery and pre/post-natal treatments

### BRANDS WORKED WITH

Bulgari Hotels & Resorts

Corinthia London

Dolphin Square Ltd

Mandara Spa

sbe Lifestyle Hospitality

Splendeur Skin

## Experience

### ● Holistic Facialist and MLD Specialist

Splendeur Skin | May 2021 -

I specialise in Manual Lymphatic Drainage and Holistic Facials.

Here are the treatments I offer:

Manual Lymphatic Drainage (Renata França Method):

This technique combines firm pressure and fast rythm with pumpings and exclusive maneuvers, altogether producing immediate results. It reduces edema, activates blood flows and boosts a complex network of vessels which transport fluids throughout the body, which contributes to reducing the dreaded celullite. As a result, the body benefits from a reduction in swelling and gains a better defined contour, in addition to accelerating its metabolism and enjoying well-being.

Gua Sha Facial Fusion:

Gua Sha Facial Fusion is a facial rejuvenation therapy based on the traditions of Traditional Chinese Medicine and the profound cell renewal and life-sustaining importance of Manual Lymphatic Drainage for maintaining youth and vitality.

Gua Sha Facial Fusion Therapy achives immediately noticeable results in reducing the appearance of fine lines, deep wrinkles, dark circles, puffy eyes and sagging skin.

By combining a unique blend of facial massage modalities to increase movement, it clears noxious accumulation, releases deep-seeded tension and promotes the free flow of vital nutrients to feed the skin and repatterns the way it ages. The skin flourishes, develops a fresh healthy glow that radiates from within and results in longterm benefits.

This treatment includes a cleanse, exfoliation, gua sha, thai herbal poultice and manual sculpting face massage techniques, application of professional Algae Peel-off mask combined with special ingredients according to your skin type.

Events: -Brand ambassador for Curèl UK, performing Japanese Kobido facial massage to journalists in the comfort of their own homes in London.

-Corporate event in the Cotswolds, performing bespoke massages in Poole Keynes House, Cirencester

- **Spa Therapist**

Bulgari Hotels & Resorts | Mar 2019 -

Spa/Clinic by 111Skin

Face Treatments:

The Original Dramatic Healing Facial, Celestial Black Diamond Non-Surgical Lift, Clarity Anti-Blemish, Cryotherapy Energy, Lunar 28.

IS Clinical Fire & Ice Facial

Espa Personalised massage

Jax Coco Body Experience

- **Spa Therapist**

sbe Lifestyle Hospitality | May 2016 - Dec 2018

Natura Bissé Treatments

Facials:

Diamond Experience Multi-Sensorial, Diamond Energy, The Cure, 3D Collagen Shock, Citrus Appeal, Signature.

Body:

Citrus Body Polish, Diamond Rose Body

The Mindful Touch

Eve Lom Ultimate Cleanse

Agua Personalised Massage, Agua Mother Nature.

- **Advanced Spa Therapist**

Corinthia London | Dec 2013 - Jan 2016

Massage styles:

Aromatherapy, Balinese, Hot Stones, Deep tissue, Pre-natal, Shiatsu inspired, Ayurvedic inspired.

Body Treatments:

Active abdominal detox, Detoxifying body cleanse, Anti-cellulite

Hip&Thigh, Body rituals.

Facials: Lift&Firm, Lifestage, Age-defying Enzyme peel, Intensive Skin Radiance, Cellular Hydration, Personalised.

- **Spa Therapist**

Dolphin Square Ltd | Mar 2012 - Sep 2013

Massage styles:

Shea butter massage, The Ultimate Aromatherapy, Pregnancy, Muscle release.

Facials:

The Ultimate Aromatherapy, 23 carat gold, Deeply nourishing, Anti-oxidant, Lifting&Firming, Argan.

Body Treatments:

Hammam and Rhassoul rituals

MoroccanOil Hair&Scalp Treatments



- **Spa Therapist**

Mandara Spa | Jan 2011 - Feb 2012

Massage styles:

Balinese, Muscle release, Warm bamboo, Warm stones.

Elemis facials and body treatments.

## Education & Training

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2022

- **Cecily Braden Spa & Wellness Academy**

Gua Sha Facial Fusion,

2008 - 2010

- **Lycee Professionel Privé Marcel Lamy, Paris**

Diploma of Professional Education,

2006 - 2008 ● **Lycée Professionnel Prive Marcel Lamy, Paris**

Proficiency Certificate,

● **Languages**

English,

● **Languages**

French,