

# **Abigail Oppong**

Freelance IT Support

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### Languages

English

#### **About**

**BRANDS WORKED WITH** 

By His Blessings Clinic

Voluntary Domiciliary Care Giver –Bibiani Community-Ghana

### Experience

#### Asistant

Voluntary Domiciliary Care Giver –Bibiani Community-Ghana | Apr 2019 - Sep 2023

As a part of a community group providing help to the elderly and the most vulnerable in their various homes, my responsibilities include but are not limited to:

- · Cleaning and tidying up their room/s.
- Helping them take their prescribed medication.
- Assisting their mobility as and when necessary.
- Assisting them to change their bedding and underwear including pads where required.
- $\bullet$  Keeping them company and taking them for a walk when safe to do so.

## Voluntary Freelance Care Support

By His Blessings Clinic | Jan 2018 - Sep 2023

As a part of a community group providing help to the elderly and the most vulnerable during a visit at the clinic, my responsibilities include but are not limited to:

- Assisting patients' mobility as and when required.
- Preparing and laying patients' bedding.
- Assisting patients with sanitary pad change-out as and when necessary.
- Assisting patients with their prescribed medication as directed by a professional nurse or doctor.

### **Education & Training**

2012 - 2015 Otto Educational Complex Senior High School Economics,