



# Ryhan Sheik

Project Manager

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## Languages

Arabic (Basic)

Bengali (Native)

English (Native)

## About

Experienced in retail roles at Sports Direct and Morrisons, skilled in customer service, sales, inventory management, and health & safety. Quick to adapt and excel in dynamic environments, ready for flexible shop floor positions.

### BRANDS WORKED WITH



## Experience

### ● Co-founder & Chief Executive Officer

Juniors | Oct 2023 - Now

- Co-founder of creative enterprise, focused on industrial design and product design, engaging with early stages of prototyping & manufacturing.



### ● Mentor

Allford Hall Monaghan Morris | Jul 2022 - Jul 2022

- Support and student point of contact at AHMM's annual summer show programme.
- Exploring ideas and design concepts with the students, expanding on their understanding of design synthesis.



### ● Model Making

Jestico + Whiles | Apr 2022 - Apr 2022

- Clerkenwell, London
- Work Experience undertaken over spring break.
- Working alongside the professional model maker at Jestico+Whiles, taking on board new skills, techniques, and generally gaining an insight into architecture practice.



### ● Volunteer

IntoUniversity | Oct 2021 - Jun 2022

- Mentoring after school at a secondary school which generally hosts students of lower income.
- Career guidance and academic support were some of the most fundamental aims of the sessions, which occurred weekly throughout the academic year.



### ● Trading Assistant [Warehouse]

Sainsbury's | Oct 2020 - Aug 2021

- Scunthorpe, Lincolnshire
- Understanding logistical processes of the company, including depot management.
- Communicating with multiple entities within the company to ensure business operation continued as necessary.



### ● Counters Assistant

Morrisons | Jun 2020 - Oct 2020

- Scunthorpe, Lincolnshire
- Used industrial scale ovens to cook edible goods, with high levels of bookkeeping and health and safety. Related cleaning and maintenance at scale.



### ● Sales Assistant

Sports Direct | Oct 2019 - Jan 2020

Scunthorpe, Lincolnshire

- Sales setting; primary objective of maximizing profit margins on the trading floor.



- **Assistant Lettings Agent**

SmartMove | Jun 2018 - Jun 2018

Scunthorpe, Lincolnshire

- Assisted with day-to-day operations of lettings agent, attended property inspection and tours, and engaged with tenants and clients.

## Education & Training

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2021 - 2024 ● **University College London**

Bachelor of Science,

2014 - 2019 ● **The St Lawrence Academy**

GCSE's,