



# **Rachael Brennan**

Hello I'm Rachael, Events Host . Look forward to meeting you and arranging your event .

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## Languages

English

### **About**

With a keen enthusiasm for the fast-paced retail environment, I excel in customer service, adept at greeting, client advising, and complaint handling. My experience extends to styling and product demos, demonstrating adaptability across various retail settings, including pop-ups.

## Experience

#### Events host

| Nov 2023 - Now

Planning and hosting events in various locations in London .

### • Full time career for family member

| Jan 2015 - Jan 2021

- Help with washing and dressing.
- Helping with their interests and needs
- Monitor their weight and record any concerns they have.
- $\bullet$  Handling household tasks like grocery shopping and laundry
- Preparing and serving meals at the appropriate time and help with eating.
- Administering oral and topical medication / Check my mum's taking her prescribed medications.
- Providing mental and emotional support
- Organising suitable recreational activities for my mum
- Collaborating with other health care and social care professionals to provide the best possible care.

# **Education & Training**

#### GCSES

Maths and English,